



DIRECTORATE OF
MEDICAL EDUCATION

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES JAMSHORO, SINDH – PAKISTAN
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"SAY NO TO CORRUPTION"

All Deans /Chairman/ Chairpersons
In charge of all Basic, Clinical & Dental departments
Director People's Nursing School

Subject: Two days Training of Trainers for Faculty Members on De escalation of violence

The Directorate of Medical Education (DME), Liaquat University of Medical & Health Sciences, Jamshoro, is going to organize the training on De escalation of Violence in colobration with APNA Institute of public Health and International Committee of Red Cross,(ICRC). (Letter is attached herewith)

You are requested to nominate two (2) members from your faculty for Training

The schedule of the traing is as follows:

| | |
|---------------|---|
| Topic: | De Escalation of Violence |
| Date: | Tentative 1 st week of April (5 th to 6 th April 2021) |
| Time: | 9:00 am to 01:30 pm |
| Venue: | Workshop Hall, DME, Main Campus, Liaquat University, Jamshoro |

For queries, contact:

Mr. Abdul Rehman Memon
Tel. No: 03048658601

Prof. Shazia Memon
Director,
Directorate of Medical Education
Liaquat University of Medical & Health Sciences, Jamshoro

Cc for information to:

- Prof. Lubna Ansari Baig Founding Dean, Chairperson APPNA institute of Public Health Jinnah Sindh Medical University, Karachi
- PS to the Vice Chancellor, Liaquat University of Medical & Health Sciences
- PA to the Registrar, Liaquat University of Medical & Health Sciences

P1. post

Mr. Memon

22.03.2021

SCANNED

21 MAR 2021

LUMHS-IT





Jinnah Sindh Medical University

APPNA Institute of Public Health

Prof. Bikha Ram Devrajani
Vice Chancellor
Liaquat University of Medical and Health Sciences
Jamshoro, Hyderabad.

Sub : Training of Trainers of Faculty Members for De escalation of violence

Dear Prof. Devrajani,

Healthcare in Danger is a joint project of APPNA Institute of Public Health and International Committee of Red Cross which aims to support health systems by preventing and controlling violence against health care by promoting safer access through increased acceptance and security to healthcare workers. The project started with a mixed methods study in Karachi in 2015 which lead to formation of interventions to prevent and control Violence in Healthcare. In subsequent years, AIPH has developed and implemented different interventions including training for Healthcare Providers on De-escalation of Violence against them.

The ICRC together with a team of public health experts and administrators of health care facilities developed a training manual to enable the health care workers to manage violence within health care settings by enhancing their communication skills, verbal and non-verbal techniques to de-escalate aggression and their ability to manage stress. The aim of the trainings would be to encourage and enable the institutes to train the healthcare work force to have a better interaction with the patients. After training they will be able to recognize and de-escalate the violence against them.

We would like to offer this training of de-escalation to faculty members of your institute, after training identified people would be able to deliver trainings periodically at your hospital as a Master Trainers. Kindly identify the faculty members from your institute who can take over this responsibility. It will be two days training for Master Trainers comprising of 5 modules with interactive sessions from 9 am till 1 pm (tentative timings).

Thank you

Prof. Lubna Ansari Baig
Founding Dean, Chairperson APPNA Institute of Public Health
Jinnah Sindh Medical University, Karachi.
Date :March 13th , 2021

16/03/21
Birendra Kumar
Co-ordinator
& Faculty

411
17/3/2021

Training Schedule Training of Trainers (TOT)

| Training Schedule | | | | |
|--------------------------|---|--|-----------------|-------------|
| Module | Topics | Purpose | Duration | Time |
| | Introduction of trainers and participants, ground rules | | 10 min | 09:00 am |
| | Pre-training assessment (Pre-Test) | | 10 min | 09:10 am |
| 1 | Introduction to the Health Care in Danger Project and the Research on Violence Against Health study conducted in Karachi. | Understand the rationale for the training, involve participants and create contextual relevance. | 20 min | 09:20 am |
| | Understanding violence, its types and consequences on HCP | Discuss types of violence and their effect on HCP. | 20 min | 09:40 am |
| 2 | De-escalating violent situations | Identify warning signs in a situation with a potential to turn violent; Demonstrate behaviors that are helpful in preventing violence; Suggest ways of dealing with situations that have become violent. | 50 min | 10:00 am |
| 3 | Importance of Communication in Health Care | Realize the role of communication and demonstration of compassion in preventing violent situations; Demonstration of breaking bad news in health care settings. | 50 min | 10:50 am |
| 4 | Response to Post Traumatic Stress Disorder (PTSD) | To develop understanding about one's own mental processes in a time of threat and to recover from PTSD associated with violence in health care. | 20 min | 11:40 am |
| 5 | Rights and responsibilities of health care providers | Create awareness of the rights and responsibilities of health care providers in situations of conflict or violence; Increase awareness of local laws and steps to take in difficult situations. Suggest policies and standard protocols to improve the safety of staff, patients and the facility. | 20 min | 12:00 pm |
| | Summarization of key learning points, Feedback and Post-test | | 40 min | 12:20 pm |
| | Concluding remarks, Lunch and prayers | | | 01:00 pm |

The training will be demonstrated by the facilitators first, followed by the participants.
The participants will be divided in 2 groups. Each group will be reviewed by two facilitators as follows

- 1) Dr Lubna Baig
- 2) Dr Shiraz Shaikh
- 3) Dr Athar Memon

Each participant will be presenting a module of the training and the facilitators will evaluate them.